





# EVOLVE CEC PROGRAM

Peak Pilates® Evolve CEC Program allows certified instructors to earn CEC's by taking private lessons with Peak Pilates Teacher Trainers at their facility. Each private lesson counts for . CEC with a maximum of 12 lessons for a total of 6 CEC's every two years.

Simply have the Peak Trainer write in the date and sign each time you take a lesson. When you are ready to renew your certification, submit this form.

Remember: All certified instructors need to earn a minimum of 14 CECs every two years to maintain and renew their certification.

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\*Not required to complete all 12 lessons. If you decide to participate, you only take as many lessons as you wish up to 12.  
\*Mail form with payment to: Peak Pilates Attn: Evolve CEC Program, 2111 Narcissus Court Venice , CA 90291