



MASTER INSTRUCTOR APPLICATION

To be considered as a Peak Pilates Master Instructor, please submit this application, paying careful attention to the instructions and eligibility requirements.

INSTRUCTIONS: Please complete this application.

Submit this application via e-mail along with:

- A resume and/or CV
- A professional headshot
- Photos of the studio where courses will be conducted
- Copies of your Pilates and fitness certifications (we do not need CEC certificates)
- Links to videos as instructed on the last page of this document
- Master Instructor Application Fee \$50 (pay online at Peakpilates.com or Peakpilates.eu)

Send applications via Email: nboudreaux@peakpilates.com (USA), astruik@maddogg.com (Europe, Middle-East and Africa), lmontelongo@maddogg.com (Latin America, Asia)

MASTER INSTRUCTOR ELIGIBILITY REQUIREMENTS

- Peak Pilates Comprehensive Certification preferred. If not Peak Pilates certified you will be required to successfully complete the Peak Pilates Level I Comprehensive bridge prior to MI Camp (Comprehensive includes: Beginner through advanced repertoire on mat and all apparatus: Reformer, Cadillac, Chairs, Barrels, and Accessories)
- 3 years teaching experience beyond achieving comprehensive level
- A deep understanding and ability of the classical Pilates method
- Dynamic presentation skills
- Excellent communication, organization and administrative skills
- A positive attitude and open mind
- The will and desire to represent Peak Pilates by upholding extraordinary education standards
- Fluency with oral and written English

MASTER INSTRUCTOR CAMP

APPLICANT INFORMATION

Your Name:	
Phone:	
E-Mail:	
Address:	



PILATES CERTIFICATION(S)

Date Pilates Comprehensive was completed: _____

Pilates School Comprehensive was awarded from: _____

Name of Master Instructors you took the Comprehensive Levels from: _____

ORGANIZATION/SCHOOL	TYPE AND LEVEL OF CERTIFICATION	YEAR CERTIFIED

HEALTH AND FITNESS CERTIFICATIONS

ORGANIZATION	TYPE AND LEVEL OF CERTIFICATION	YEAR CERTIFIED

DEGREES AND OTHER CREDENTIALS

UNIVERSITY OR SCHOOL	DEGREE OR QUALIFICATION	YEAR EARNED

PROFESSIONAL REFERENCES: Ideal references come from individuals who have worked with you in a professional capacity or led certification courses you attended.

NAME	EMAIL	

COMPUTER AND COMMUNICATION SKILLS



Do you own Word, Excel, and PowerPoint and do you have basic skills with these programs?	
What languages other than English can you speak/write? (Indicate fluency level)	

Briefly explain why you want to become a Peak Pilates education center and/or Master Instructor.

PUBLIC SPEAKING AND PRESENTATIONS

Describe your public speaking and/or presentation experience, including presenting seminars, workshops or trainings, whether Pilates related or otherwise.



VIDEO APPLICATION

The last part of your application is to submit videos of yourself doing and teaching the work.

Upload video to Vimeo, YouTube or other method such as Drop Box to provide your footage.

Insert links here:

Exercise Technique: Please film with a side view and be sure your whole body is visible.

1. Perform all Level I Mat Exercises for 3 repetitions with transitions.
2. Perform all Level I Reformer Exercises for 3 repetitions with transitions.

Teaching: Film yourself teaching the reformer portion of a Level I full session. This should take no more than 25 minutes (full session part A/B timing).

Use a side view where your student is in the front and not blocked by you.

Teach your student full repetitions of each Level I reformer exercise with the correct transition.

We will be evaluating you on your ability to use the 5 Part Formula, including economy of words and the layering of cues, and your ability to teach the body in front of you.

If you have any questions regarding videos, please email zoeytrap@gmail.com

Thank you!