

Certificate of Attendance

*Iliopsoas: A Two-Part Muscle Involved
In Coordinating Our Trunk With Our Entire Body*

Pilates Alliance, Japan: 3 Hours
(3CEC)

Presented by:



Attendee:

Dated: April 14th and 21th 2024

Irene Dowd

This course was organized by the Pilates Alliance, it will be issued this certificate to the students.
It will be issued as a certificate of attendance to the participants.